

PROMISE ME
ONE
THING

READER'S DIGEST
HEALTHSMART
Organ Donor
Campaign



Donor's full name:

Date of birth:

Address:

Dear Family and/or Partner,

I want you to know about my decision to become an organ and tissue donor. Upon my death, if I am a suitable candidate for donation, I ask that you respect my wish to become a donor and allow me to give others the gift of life. It is very important to me that others be given the opportunity to live full and productive lives – especially if they are able to do so through the donation of my organs. Please promise me one thing: please honour this wish.

I would like to donate the following organs and tissue for transplantation in the event of my death:

Tick "All" or as many as apply

- | | |
|---------------------------------------|--------------------------------------|
| <input type="checkbox"/> All | <input type="checkbox"/> Kidneys |
| <input type="checkbox"/> Bone tissue | <input type="checkbox"/> Liver |
| <input type="checkbox"/> Eye tissue | <input type="checkbox"/> Lungs |
| <input type="checkbox"/> Heart | <input type="checkbox"/> Pancreas |
| <input type="checkbox"/> Heart valves | <input type="checkbox"/> Skin tissue |

This is not a legally binding document. But I hope that by knowing and understanding my wishes, any decision you might ever be called on to make in the future will recognise my commitment to organ and tissue donation.

Name of donor:

Signature of donor:

Date:

Name/s of family member/s:

Signature/s of family member/s:

Date:
